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Contributors

Chhimi Dorji is the Director of the Tarayana Centre for Research and Development. He was a Sr. Programme Officer for HELVETAS Swiss Intercooporation (2012-2015), and Director of the Rural Development Training Centre (2005-2012). He headed the Natural Resources Training Institute's agriculture faculty (1992- 2005) and was the institute's principal (1990-1992).

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Dil Kumar Subba is a Senior Programme Officer for Prevention and Engagement Programmes at the PEMA Secretariat. His role involves coordinating and devising holistic promotion and prevention programmes on mental health. Research is a central focus of his work, ensuring service enhancement and the development of informed policy decisions.

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Regita Gurung (she/her) is a passionate advocate at the intersections of SOGIESC inclusion and youth empowerment. She is the Vice President of Queer Voices of Bhutan and a board member of Lhaksam. She also leads Global Shapers Thimphu Hub (a youth network supported by the World Economic Forum) and engages in international queer and youth networks. As a budding social entrepreneur, she runs Bhutan's first queer tour company and a business consultancy.

Sanga Dorji has more than 29 years of professional experience in clinical management, policy development, and teaching. Sanga is currently a physiotherapy and rehabilitation specialist at Bhutan's national referral hospital in Thimphu. He has experience in curriculum development for physiotherapy students and took part in developing the National Policy for Persons with Disabilities and senior citizens in Bhutan. He is the chairperson of the board of directors for the Disabled Peoples Organisation of Bhutan (DPoB).

Sanjeev Mehta is a thinker and commentator on economic development in Bhutan. He is a senior professor of economics at Royal Thimphu College. His research interests and writings focus on economic growth and development, globalisation, regional integration, gender, and local government issues, among others. He has authored two books on the Bhutanese economy. He is a recipient of 'Pravasi Bharatiya Samman Award' from the President of India and 'National Order of Merit, Silver Medal' from His Majesty, the King of Bhutan.

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Yeshey Dema, an attorney with the Office of the Attorney General, graduated with LLB/PGDNL from Jigme Singye Wangchuck School of Law. Sharing great enthusiasm for social justice, Yeshey actively engages with various youth networks in advocating for climate justice, sexual reproductive health rights and child rights.