

Contributors

Dasho Zangley Drukpa retired from active public service for over 48 years in 2018. Prior to retirement, he was a Cabinet Minister, and a member of Parliament. He has written books and published articles on a range of topics. Dasho Zangley was conferred the Red Scarf by His Majesty the Fourth King in 1994.

Dr. Karma Jamtsho is an environmental research scientist and father of two daughters, currently residing in Perth, Western Australia. As a Bhutanese scholar living abroad, he navigates the lived realities of migration, negotiating transitional identity and belonging in relation to Gross National Happiness (GNH).

Dr. Lindsay Skog is the Executive Director of the Karuna Foundation that supports developing countries to adapt to climate change. Dr. Skog has been engaged with the Eastern Himalaya for over 25 years as a change-maker, researcher, professor, and as a Fulbright and National Science Foundation Scholar.

Dr. Pem Namgyal is a medical doctor who is currently the President of Bhutan's Khesar Gyalpo University of Medical Sciences of Bhutan and the Jigme Dorji Wangchuck National Referral Hospital. After being in government service, Dr Pem later worked for the World Health Organisation for 24 years. He is an epidemiologist and a public health expert. He loves reading, writing and listening to music.

Elzbieta Jablonska is a Master Certified Coach (MCC) accredited by the ICF, a distinction held by fewer than 4% of coaches worldwide. She has nearly 30 years of international experience in clinical, post-disaster, and community contexts. She has completed doctoral research in Public Administration and Leadership and is currently pursuing a PhD in Psychology. Engaged with Bhutan since 2006, her publications and contributions highlight the integration of happiness, emotional health, and visionary leadership.

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Namgay Choden works across government, civil society, and the UN in Bhutan at the intersection of climate policy, diplomacy, and public health. She mobilises resources for projects in these areas. She has a BA in Sociology from the National University of Singapore.

Sonam C. Wangdi is an economist who has worked in the fields of climate policy, trade policy and facilitation, migration, human development and social protection. She holds a Master in International Law and Economics from the World Trade Institute, University of Berne, Switzerland.

Sonam Tobden Rabgye is a Board Member of the Royal Society for Senior Citizens and he served as Bhutan's Ambassador to Bangladesh, Switzerland, Belgium, the European Union Bhutan Mission in Geneva and Kuwait. He was the Press Attaché and Spokesperson of the Royal Bhutanese Embassy in Delhi (1990 to 1997). Ambassador Rabgye has a MA from the Fletcher Law School, Tufts University, USA.

Tandin Dorji is the Director, Research and Innovation for Institute for Management Studies. Thimphu. He was formerly the President of Norbuling Rigter College (2017 to 2024) and a visiting faculty for some tertiary educational institutes in Bhutan.

Tashi Dorji is a former media professional and currently a PhD candidate at Edith Cowan University in Western Australia.

Tenzin Dorji is a PhD candidate at the University of Southern Queensland, researching Australian alternative schooling practices. He has over a decade of experience in teaching and school leadership, both within and outside the mainstream schooling system.

Thuji Lhamo is a board-certified Advanced Practice Clinical Nurse Specialist living and working in Southern California. Since 2020, she has been a volunteer and Country Director for the Health Volunteers Overseas Palliative Project in Bhutan. She has a doctoral degree in nursing from Johns Hopkins University, US.

Tshering Palden served as a journalist in Kuensel for 16 years. Currently, he is doing his PhD in media at the University of Sydney.

Tsheten Lhamo is a Chevening Scholar pursuing her postgraduate degree in Gender Studies in the UK. She has designed youth-friendly and gender programmes, and has facilitated youth parliamentary platforms through her work with BCMD and RENEW.

Tshoejab Mephram Denlen is a judge at the Commercial Court Thimphu. His work bridges law, governance, and social impact. He holds an LLM in Business and Finance Law from George Washington University and an MBA in Marketing and Finance from the University of Wales. He is pursuing his Master's in Public Administration at Lee Kuan Yew School of Public Policy under the National University Singapore.

Yangchen Dolkar Dorji has over 13 years of experience across Bhutan's corporate and international development sectors. A Chevening Scholar with an MA in Development Studies from Sussex University, she is a Project Manager at Helvetas, leading programmes for civil society and democratic governance. She is a co-founder of a recent start up LEAD+ that is piloting a grassroots venture facility that supports and mentors sustainable, community-led enterprises across Bhutan.